

BRIDAL GUIDE



NOV/DEC 2024

500+
ALL-NEW
WEDDING
IDEAS

Psst...

TOP PLANNERS
TELL ALL—
ELEVATE YOUR
VISION!

HOW TO
LOOK GOOD
IN EVERY
PHOTO

BUDGET S.O.S.!
HIDDEN
COSTS...
& THE WAYS TO
AVOID THEM

AMERICA'S
TOP WEDDING
MAGAZINE

**so.
chic**

DRESSES, RINGS, FLOWERS,
DECOR, DETAILS...

RESORT ROUNDUP

Sukha Spa at Nayara Tented Camp.

Inside the sumptuous Costa Rican resort.

Nayara Tented Camp

The rainforest of Costa Rica holds an unparalleled appeal to romance-seeking visitors. Perhaps it's the natural hot springs, or the gorgeous flora—or maybe it's the promise of spying monkeys at every turn. But for many, it's the chance to completely unplug at the only high-end tented camp in Central America. Inspired by the luxury safari experiences of Africa, this enclave of 39 accommodations, which is all about experiencing the surrounding natural world, welcomed a new spa last year. In addition to a robust treatment menu, the breezy pavilions host sound baths, yoga sessions and more (room rates start at \$1,285 a night and include breakfast; nayaratentedcamp.com).

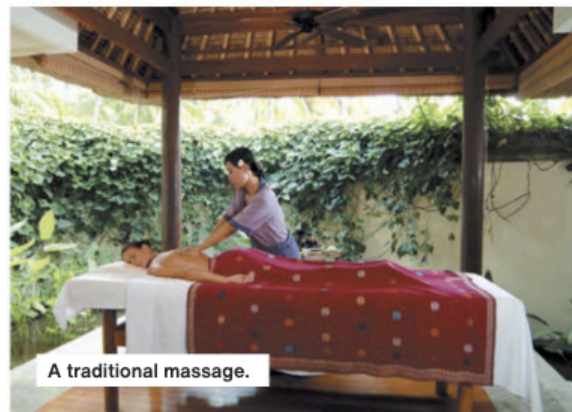
fresh air

Resorts around the world are amping up the spa experience with lush outdoor areas and luxe treatment options.

by Jenna Mahoney

A Dominican wellness center.

Cayo Levantado Resort The spa at this all-inclusive mind, body, spirit-first resort in the Dominican Republic is a peerless sanctuary of healing. Called Yubarta, the spa, which is truly a wellness center, has eight outdoor palapa structures echoing the traditional designs of the local Taíno people. Activities here include yoga, breathwork and sound bath sessions, Reiki rituals and ice baths, as well as healing floats. Stays at this sustainably forward retreat include personalized nutrition counseling and expertly crafted meals served in spaces that both celebrate the surroundings and elevate the entire dining experience (room rates start at \$690 a night and are all inclusive; cayolevantadoresort.com).



A traditional massage.

The Oberoi Beach Resort, Lombok

The Indonesian island of Bali is rightfully known as a paradise on earth, but don't overlook equally idyllic Lombok, which embodies all the blissful aspects of its famous neighbor minus the crowds. Ensnared in exquisite tropical gardens, this romantic property on the white sands of Medana Beach is an ultra-luxurious hideaway steeped in island traditions and nature's bounty. Snorkeling and diving are stellar, with guaranteed turtle spying. And the romantic dinners on the beach are a must-experience. The property's breezy spa, with its traditional Balinese menu administered in open-air thatched treatment rooms, is a standout (room rates start at \$827 a night; oberoihotels.com).

PHOTOGRAPHY (CLOCKWISE FROM TOP LEFT) IMAGES OF SUKHA SPA; IMAGES COURTESY OF NAYARA TENTED CAMP; OBEROI HOTELS & RESORTS; CAYO LEVANTADO RESORT