

## Endeavours and measures for your safety at Fregate Island Private

Fregate Island has always been COVID-19 free and as such our intention is to remain a safe and COVID-19 free environment.

To assure that in the best possible way, we limit our guest and staff numbers on the island - we will not operate on full capacity for your and our sake and treat you to an even more exclusive private island experience!

### **What we do to protect you and our team:**

- Fregate Island Private always adheres to the Seychelles Health Authority's advice and recommendations and is following developments closely.
- Our team on island has been further trained on the importance of handwashing, maintaining hygiene, social distancing and is going under medical checks by our resident nurse regularly.
- We have disinfecting gel dispensers located in all guest areas, available to all guests, staff, and back-office staff, to ensure maximum internal hygiene control.
- We have increased the frequency of our cleaning schedule, with extra, regular cleaning of all areas which come in to contact with hands or bodies: including common contact surfaces such as door handles and tabletops.
- Our guest facing team will wear personal protective equipment while they work (e.g., massage therapists, personal assistants and all staff that has guest interactions)
- Our kitchens and dining facilities all take precautions when it comes to food preparation and food safety. Also, in the restaurant, we will maintain a 2 meters space between tables.
- The contact of Personal Assistants and other team members as kitchen staff is limited to an absolute minimum, trying to establish clearly traceable point of contacts.
- All guests are asked to use hand-sanitiser before entering the restaurants. We do recommend guests to have all their meals in their villas in privacy. (included in the villa rate)
- Tables and other surfaces (for example, chair backs) are disinfected after each use, before new customers use them.
- Tablecloths are replaced immediately after use.
- Salt and pepper dispensers are disinfected after each table/group is finished, before the next guest arrives.
- Guest buggies as well as team members buggies are being disinfected daily.
- Our nurse and separate health & safety officer have received additional training on how to protect our hotel and our guests from Covid-19.

## What you can do to support us:

- During your stay, please adhere to the specifications of the Federal Office of Public Health. Maintain a two-metre distance to others and use the hand sanitiser provided in public areas.
- Please come and speak to us if you have any questions or are feeling unsure about anything; we will be happy to help you.
- We request all guests and travellers to the hotel to stay at home if they feel unwell or have experienced respiratory symptoms. We are happy to rebook your reservation so that we can welcome you at another time.
- A self-declaration form must be filled out by all overnight guests and restaurants guests, confirming the guest is free from Covid-19 symptoms.
- We also ask all our guests to declare whether they, or anyone in their close family, have travelled to risk areas or exhibited symptoms of Covid-19.
- The hotel is cash-free during this period.
- In the future, if we have guests displaying symptoms, we will accommodate them in their villa – they are strictly not allowed out of their villa until quarantine has ended and the guests are symptom free. Fregate Island Private nor its associated companies will carry the costs of a potential extension of stay due to quarantine.
- In collaboration with our company health service, we assist with getting tested on Mahé testing with results within 1 day.

## Good to know:

- There are 0 active cases of COVID-19 in Seychelles at the current time. All 11 cases show no more symptoms, all patients are healed.
- All our activities are private to guests, this has not changed. Our staff is well trained, and the gear is always well sanitized, likewise the surfaces on our boats.
- You will only be able to book Spa treatments or Diving, if your COVID test is negative.
- The transfers to and from the island are conducted by Zil Air, in a private charter helicopter with sanitized units.
- We have a nurse on site and a little clinic that you can consult in case of feeling unwell.
- There are 13 health centres and 6 hospitals located on Mahe, Praslin and La Digue, that can easily be reached by helicopters or our own boats.

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