

# V E N T A N A

B I G S U R

## Activities and General Info

	4:00 PM to 5:00 PM
Pools	7:00 AM to 10:00 PM
Japanese Bathhouse and Infinity Hot Tub	24 Hours
Fitness Room	24 Hours
Library	7:00 AM to 6:00 PM
Nightly Turn-Down Service It is our policy <i>not</i> to disturb rooms with a Privacy Sign	6:30 PM to 8:30 PM
Glass House Gallery	Open daily from 10:00am-6:00pm
DVD Library	Available 24 hours in Reception

### Daily Wellness Schedule (Loft)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30am—9:30 am	Yoga	Yoga	Yoga	Yoga	Yoga	Yoga	Yoga
10:00am—11:00am				Meditation		Meditation	Meditation
3:00pm—4:00pm						Yoga	

## Let us show you the beauty of Big Sur

<b>Ventana Discovery Walk</b>	Meet in Lobby at 10:00 am
A guided on-property walk, approximately one hour	
<b>Big Sur Discovery Hike (Meet in Lobby)</b>	Meet in Lobby at 11:20 am
Guided off-property hike, approximately 2-3 hours	\$75.00/person (Optional Lunch \$20/person)

## The Sur House

<b>Breakfast</b> (To order room service please dial “203”)	7:30 AM to 10:30 AM
<b>Lunch</b> (To order room service please dial “203”)	11:30 AM to 4:00 PM
<b>Dinner</b> (Reservations Recommended please dial “242”)	6:00 PM to 9:00 PM
*To order room service or to have your trays picked up please dial “203”	

## Spa Alila

Open daily Monday-Sunday	10:00 AM to 6:00 PM
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To contact The Spa, please dial “222”

Please remember that our guest rooms are NON-SMOKING, smoking is allowed on your private deck only. In order to preserve the tranquility and meditative nature for your fellow guests, we ask that Cell Phones are not used in any public area.

Nature Reminder: Insects and small animals are attracted to the light; we suggest keeping windows and doors closed at all times.